

OKINAWAN KARATE ACADEMY

Located at the 422 Sportsplex
1400 Industrial Highway, Pottstown PA 19464

Phone: (610) 323-2007

www.roberttellersoka.com

422 Sportsplex Phone: (610-323-9600)

“Summer” Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Class Basic 101 Mandatory for all White & Yellow Belts. All Belt ranks are encouraged to attend. 7:00-8:00PM	Little Dragons 5:30-6:00PM	Kata with “Sensei” 6:00-7:00 PM	Little Dragons 5:30-6:00PM	Closed	Open Class 11:00-12:00 Kids/Teen/Adults
	Kids Class 6:00-7:00PM <hr/> Teen/Adult Class 7:00-8:30PM	Weapons Class 7:00-8:00PM	Kids Class 6:00-7:00PM <hr/> Teen/Adult Class 7:00-8:30PM		

**MONDAYS BASIC 101 CLASS IS MANDATORY FOR ALL WHITE & YELLOW BELTS.
THIS IS A TESTING REQUIREMENT! (LITTLE DRAGONS ARE EXCLUDED)**

DOJO RULES

1. Attend classes on a regular and consistent basis.
2. Get your attendance card.
3. Place shoes in shoe rack.
4. Place jackets neatly on hooks.
5. Keep uniforms neat, clean, odor-free and in good repair
6. Be in full uniform 15 minutes before class in order to warm up and start class on time.
7. No student or guest is permitted in the office areas or behind the front desk unless authorized by Sensei.
8. Practice at home will give better results.
9. Develop and maintain a positive, well-disciplined attitude.
10. No food or beverages are permitted in the training areas.

Little Dragon 4-6 Years Old
Kids 7-10 Years Old
Teens 11-16 Years Old
Adult 17 & Over

Beginner – White, Yellow, Orange
Intermediate – Blue, Green
Advance – Brown, Black
Open – All Ranks

“SUMMER” UNIFORM IN EFFECT!
SCHEDULE EFFECTIVE: MAY 1, 2010
YOU SNOOZE YOU LOSE!

